

Affordable Care Act (ACA) enrollment has begun

Educate yourself and others about the advantages now available from enrolling in a health care reform insurance plan.

Each state has a different online marketplace where consumers can read about assorted plans and make a final selection. You can find your state's Marketplace and learn more by clicking here <https://www.healthcare.gov/what-is-the-marketplace-in-my-state/>

The federal government website <https://www.healthcare.gov/> not only details what your state has to offer, but also describes the different types of available health care insurance coverage. It also covers the enrollment options, costs, and benefits associated with each plan.

Additionally, the Kaiser Family Foundation has a website on health care reform and the ACA which you can find at: <http://www.kaiserhealthnews.org/>

NCMHR's website has a special section dedicated to health care reform, including a link to a thirty-minute training toolkit called *Getting Ready for the Health Insurance Marketplace*. The toolkit provides an understanding of the Health Care Law and how individuals with mental health issues can benefit from it.

You can find the toolkit by clicking here <http://ncmhr.org/affordable-care-act/enrollment.htm>